

## Baby-O!



Activity songs  
for babies ages  
0-12 months

MaryLee

*“I’ve toured with this songbird and I love her!”* **BURL IVES**

Winner of 4 Parents’ Choice Awards and 2 American Library Association Notable Children’s Recordings, MaryLee’s concerts and recordings invite family audiences to participate! She is a singer of songs, a teller of tales— a delight for all ages! A children’s music specialist since 1985, MaryLee Sunseri’s singing credits also include performing the title song to Walt Disney’s **Apple Dumpling Gang**, Mattel Toys’ **See ‘N Say**, touring America as a member of **Randy Sparks & the Back Porch Majority** and many concert appearances with the legendary **Burl Ives**.

*Arranged, performed, designed & engineered by MaryLee Sunseri.*

***Special thanks** to Linda Ernst, Gail Root, Joy Weston, Nancy Stewart, Mary Hooper, Kathy Nielson, Children’s Experimental Theatre, Monterey and Pacific Grove Public Libraries, and all the parents and babies at Parents Place, Thanks to Mr. Pi—couldn’t do it without you!*

Dedicated to my littlest neighbors, and their Moms and Dads,  
who come to sing with me all around our town!

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Piper Grove Music, 380 Martin Street, Monterey, CA 93940



# Baby-O!

Lyrics & activities for the music CD

## Baby-O!

Baby songs and activities for lapsit programs and playtime

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## Baby-O!

### What'll I Do With The Baby-o?

(traditional, adapted by MaryLee Sunseri © 2005)

**What'll I do with the baby-o?** (*bounce baby & sing along*)

**What'll I do with the baby-o?**

**What'll I do with the baby-o?**

**Love you, love you, love you—o!** (*hug & sing along*)

How in the world will the old folks know

I like sugar in coffee-o?

Wind blows high, the wind blows low

Blows that sugar in coffee-o!

**What'll I do with the baby-o?** (*bounce baby & sing along*)

**What'll I do with the baby-o?**

**What'll I do with the baby-o?**

**Love you, love you, love you—o!** (*hug & sing along*)

Little bitty baby in a rockin' chair

Shiny eyes and sleepy hair

Cuddle you up and kiss you sound

Rock my baby round and round

**What'll I do with the baby-o?** (*bounce baby & sing along*)

**What'll I do with the baby-o?**

**What'll I do with the baby-o?**

**Love you, love you, love you—o!** (*hug & sing along*)

### Bridge:

*Come little baby, come dosie-do (stand up and dance with baby)*

*Swing up high, swing down low (lift baby up high, then down low)*

*Crow and caper, caper and crow*

*There, little baby, now there you go (pat baby's back in rhythm)*

*There, little baby, now there you go*

**Instrumental:** *Ding, d, d, d, ding... (sing along)*

In the hollow the cowbells ring (*sit down with baby on lap*)

Bulldog bark and the jaybird sing

Jumped so high, he touched the sky

You ought to have heard that jay bird cry

**What'll I do with the baby-o?** (*bounce & sing along*)

**What'll I do with the baby-o?**

**What'll I do with the baby-o?**

**Love you, love you, love you—o!** (*hug & sing along*)

*"Song is man's  
sweetest joy"*

- Musaeus

*Music -  
specifically song  
- is one of the  
best training  
grounds for  
babies to  
recognize the  
tones that add up  
to spoken  
language.*

Sandra Trhub, University of  
Toronto, Canada, 1997

*On the basis of  
observations and  
experiments with  
newborns,  
neuroscientists  
know that  
infants are born  
with neural  
mechanisms  
devoted  
exclusively to  
music. Studies  
show that early  
and ongoing  
musical training  
helps organize  
and develop  
children's  
brains.*

Susan Black, "The Musical  
Mind," The American School  
Board Journal, January 1997

## Baby-O!

### The Noble Duke of York

(Mother Goose)

Oh, the noble Duke of York (*baby on your lap facing out*)  
He had ten thousand men (*tap baby's knees in time with the words*)  
He marched them up to the top of the hill (*lift baby up a little at a time*)  
And he marched them down again (*lower baby down a little at a time*)

Oh, and when you're up you're up (*lift baby up*)  
And when you're down, you're down (*lower baby down*)  
And when you're only half way up (*hold baby half way between up and down*)  
You're neither up nor down (*lift up and down quickly*)

Oh, you lean them to the left (*lean baby over your knees to the left*)  
You lean them to the right (*lean baby over your knees to the right*)  
And when you turn them upside down (*turn baby upside down*)  
Oh, what a funny sight! (*turn baby right side up*)

### Open, Shut Them

Open, shut them, open shut them (*open and close your hands so baby can see*)  
Give a little clap, clap, clap (*clap baby's hands three times*)  
Open, shut them, open shut them (*open and close your hands*)  
Lay them in your lap, lap, lap (*tap baby's knees 3 times*)

Creep them, creep them (*tickly fingers up the torso and neck*)  
Creep them, creep them  
Right up to your chin (*tickly up to chin*)  
Creep them, creep them (*tickly fingers around the head, ears and face*)  
Creep them, creep them  
Do not let them in (*wiggle your index finger as if to say "no"*)

Creep them, creep them (*tickly fingers down the torso and legs*)  
Creep them, creep them  
Right down to your toes (*tickly fingers down to toes*)  
Creep them, creep them, (*tickly fingers up the torso and neck*)  
Creep them, creep them  
Right up to your nose (*touch baby's nose*)

## Baby-O!

### How Do You Like To Go Up On A Swing?

(tune: Traditional Scottish "Skye Boat Song")

words: Robert Louis Stevenson)

How do you like to go up on a swing? (*standing up with baby, lift baby up high*)  
Up in the air so blue? (*hold baby high and turn in a slow circle*)  
Oh, I do think it's the pleasantest thing (*lower baby all the way down to the floor*)  
Ever a child can do. (*then up for a hug*)

Up in the air and over the wall, (*lift baby up high*)  
'Till I can see so wide (*hold baby high and turn in a slow circle*)  
Rivers and trees and cattle and all (*lower baby all the way down to the floor*)  
Over the country side (*then up for a hug*)

How do you like to go up on a swing? (*lift baby up high*)  
Up in the air so blue? (*hold baby high and turn in a slow circle*)  
Oh, I do think it's the pleasantest thing (*lower baby all the way down to the floor*)  
Ever a child can do. (*then up for a hug*)

### Going To The Moon

(Passed along by Gail Root)

Zoom, zoom, zoom! (*bounce in time to the music*)  
We're going to the moon!  
Zoom, zoom, zoom!  
We'll get there very soon!  
5, 4, 3, 2, 1 — (*lower baby down, between your knees*)  
Blast off! (*lift baby up high for "blast off"*)

One of the most fun activities with a baby is building anticipation. Counting down from 5-1 and pausing for a moment before "blasting off" encourages a sense of surprise and wonderment in the complete safety of your arms.

Rhythm is a great comfort. Bouncing and predictable lifts and drops echo the greater rhythm of baby's life. There is a rhythm to everyday: sleeping and eating at regular times and hearing familiar sounds in the house and neighborhood, and that rhythm becomes a part of the week, the month and the year. Children love familiar patterns and rituals such as holiday celebrations. This is one of the ways that baby's grow self confidence and contentment in their own environment. Rhythm is a life force that all people share.

## Baby-O!

### Stamping Land

traditional: Denmark

I traveled far across the sea (*baby on lap facing out*)  
I met a man and old was he (*sing along with this repeating chorus*)  
“Old man,” I said, “Where do you live?”  
And this is what he told me:  
“Follow me to stamping land, (*“stamp” baby’s legs for him/her*)  
Stamping land, stamping land (*alternate legs, in rhythm to the song*)  
All who wish to live me,  
Follow me to stamping land!”

I traveled far across the sea,  
I met a man and old was he  
“Old man,” I said, “Where do you live?”  
And this is what he told me:  
“Follow me to clapping land, (*“clap” baby’s hands for him/her in rhythm*)  
Clapping land, clapping land  
All who wish to live me,  
Follow me to clapping land!”

I traveled far across the sea,  
I met a man and old was he  
“Old man,” I said, “Where do you live?”  
And this is what he told me:  
“Follow me to bouncing land, (*bouncing baby on your lap*)  
Bouncing land, bouncing land  
All who wish to live me,  
Follow me to bouncing land!”

I traveled far across the sea,  
I met a man and old was he  
“Old man,” I said, “Where do you live?”  
And this is what he told me:  
“Follow me to singing land,  
Singing land, singing land  
All who wish to live me,  
Follow me to singing land!” La la la.....(*sing along—la la la...*)

A powerful sensation in babyhood is feeling an adult’s chest, back and neck vibrate while singing! It is a fun sensation and a great way to bond! Lay your hand on those vibrating zones while singing and feel your own vibration. Don’t be afraid to sing out—Your baby will love the sound and “feel” of your voice and be comforted by it.

## Baby-O!

### Trot, Trot To Boston

(Mother Goose)

Trot, trot to Boston *(baby on your lap facing you,*  
Trot, trot to Lynn *bounce to the rhythm of the song)*  
Take care, baby *(put in baby's name)*  
Don't fall in! *(hold baby at torso and open*  
*legs—causing baby to “fall in!”)*

### Shoe The Little Horse

(Mother Goose)

Shoe the little horse, shoe the little mare *(pat bottom of baby's foot,*  
But let the little colt run bare, bare, bare! *and other foot)*  
*(gently pat baby's bottom 3*  
*times)*

### Pony Boy

American, early 1900's

(One of my favorite childhood songs!)

Way out west in a nest from the rest *(baby on lap facing you)*  
Dwelt the bestest little bronco boy *(lap rocking side to side)*  
He could ride he could glide  
O'er the prairies like an arrow!  
Every made in the glade was afraid  
He would trade his little heart away  
So each little peach made a nice little speech  
Of love to him!

“Pony Boy, Pony Boy, *(bounce baby in time to the music - sing along!)*

Won't you be my Tony Boy!

Don't say 'no!' Here we go, off across the plains!

Marry me, carry me right away with you!

Giddyup, giddyup, giddyup, whoa! *(lift baby up on “whoa!”)*

My Pony Boy!”

Then one day out that way came to stay *(lap rocking side to side)*  
A little fluffy ruffle girl  
She made eyes, she surprised  
And he found his heart was lassoed!  
When he thought he was caught how he fought But she taught this little  
Pony Boy to love  
But he balked when she talked of a  
Trip to New York, so she sang to him!

*An Eastman  
research project  
found dramatic  
increases in  
language  
development and  
memory skills  
between those  
children exposed  
to music in utero  
and their  
siblings who  
were not.*

Donald J. Shelter, “The Inquiry  
Into Prenatal Musical Experi-  
ence: A Report of the Eastman  
Project 1980-1987”

*Researchers at  
Keele University  
have reported  
that babies in the  
womb can hear  
and remember  
music as early  
as 20 weeks  
gestation.*

Nigel Hawkes, “Foetus” Has An  
Ear For Music at 20 weeks,”  
The London Times, March 30,  
1998



## Baby-O!

### Head and Shoulders

(tune: London Bridge)

*(baby can be lying down in front of you or on your lap, facing you)*

Head and shoulders, knees and toes *(lightly touch head and shoulders, knees, toes)*

Knees and toes, knees and toes

Head and shoulders, knees and toes

Eyes, ears, mouth and nose! *(lightly touch eyelids, ears, mouth and nose)*

### You Ought To See My Baby

(traditional tune: "Cindy,"

words © 2005 MaryLee Sunseri)

You ought to see my baby *(baby on your lap facing out, bouncing)*

My baby loves to bounce

And every time we sing this song

We bounce and bounce and bounce

**Get along home, little baby (3 times)** *(double bounces, 2 left, 2 right)*

**We'll bounce and bounce and bounce!** *(bounce in the middle, last bounce, high)*

You ought to see my baby,

My baby loves to stretch

And every time we sing this song

We stretch and stretch and stretch

**Get along home, little baby (3 times)** *(double bounces, 2 left, 2 right)*

**We'll stretch and stretch and stretch!** *(lift baby straight up by the arms)*

You ought to see my baby, *(roll baby's arms or "bicycle pedal" the legs)*

My baby loves to roll

And every time we sing this song

We roll and roll and roll

**Get along home, little baby (3 times)** *(double bounces, 2 left, 2 right)*

**We'll roll and roll and roll!** *(roll arms or "bicycle pedal" legs)*

You ought to see my baby *(clap baby's hands, then cross arms in front without clapping)*

My baby loves to clap

And every time we sing this song

We clap and clap and clap

**Get along home, little baby (3 times)** *(double bounces, 2 left, 2 right)*

**We'll clap and clap and clap!** *(clap baby's hands 3 times)*

## Baby-O!

### Acka Backa Soda Cracker

(tune: "Shortnin' Bread")

Acka backa soda cracker (*baby facing you, bounce two times on each side*)

Acka backa boo

Acka backa soda cracker, I love you! (*give a little kiss or hug*)

Acka backa soda cracker (*bounce two times on each side*)

Acka backa boo

Acka backa soda cracker, up goes you! (*lift baby up*)

### Mother and Father and Uncle John

(Mother Goose)

Mother and Father and Uncle John (*baby on your lap, facing out, bouncing*)

Went to town, one by one

Mother fell off (*hold baby at torso, tip baby off to one side*)

Father fell off (*hold baby at torso, tip bay off to other side*)

But Uncle John went on and on and (*bouncing faster and faster till the end*)

On and on and on!

### There Was A Little Man

(Mother Goose)

There was a little man (*point to baby*)

He had a little crumb (*tickle on the cheek*)

And over the mountain he did run (*run fingers over baby's head*)

With a belly full of fat (*jiggle baby's belly*)

And a big tall hat (*pat baby's head*)

And a pancake stuck to his bun, bun, bun! (*pat baby's bottom gently 3 times*)

### The Elevator Song

(Passed along by Joy Weston)

Oh, the city is great and the city is grand (*Stand up and dance with a bouncy step*)

There are lots of tall buildings

On a little piece of land

We live way up on the fifty-seventh floor

And this is what we do

When we go out the door

**Take the elevator up, take the elevator down (3 times)** — (*lift baby up, lower baby down*)

**Then we spin around** (*spin around*)

## Baby-O!

### Did You Go To The Barney?

(tune: Arkansas Folk Song, additional verses V2, V3, by MaryLee Sunseri © 2005)

Did you go to the barney? Yes, M'am.  
Did you see my horsey? Yes, M'am.  
Did you ride my horsey? Yes, M'am.  
And how did he ride?  
He rocked just like a cradle  
He rocked just like a cradle  
He rocked just like a cradle  
He rocked just like a cradle

Did you go to the lib'ry? Yes, M'am  
Did you see the bookeys? Yes, M'am  
Did you read a bookey? Yes, M'am  
And how did it read?  
It read just like a story; it read just like a story  
It read just like a story; it read just like a story

Did you go to the 'quarium? Yes, M'am  
Did you see the fishies? Yes, M'am  
Did you catch any fishies? No, M'am  
And why didn't you catch them?  
Went swimmin' with the whaleys  
Went swimmin' with the whaleys  
Went swimmin' with the whaleys  
Went swimmin' with the whaleys

Did you go to the market? Yes, M'am  
Did you get any flour? Yes, M'am  
Did you bake any cakes? Yes, M'am  
And why did you bake?  
Got a birthday Thursday mornin'  
Got a birthday Thursday mornin'  
Got a birthday Thursday mornin'  
Got a birthday Thursday mornin'

*This is a "baby talk" song, with words that have little "y" endings added. It's also a lullaby or listening while rocking song. Get comfortable with baby on your lap, or up on your shoulder and sing along with the "Yes, M'am's" the first few times.*

*The verses celebrate daily activities with a baby, but feel free to adapt to the places you go with your baby, ie, Did you go to the churchy?, Did you go to the potty? Did you go to worky? Word play is humorous and fun and reminds us of our ability to use language creatively.*

*In a study of fifty-two premature babies and newborns with low birth weight at the Tallahassee Memorial Regional Center in Tallahassee, Florida, a researcher reported that playing 60 minute tapes of vocal music, including lullabies and children's songs, reduced hospital stays an average of 5 days. Mean weight loss of babies was also about 50% lower for the group of babies listening to music, formula intake was less and stress levels were reduced.*

Janet Caine, "The Effects on the Selected Stress Behaviors, Weight, Caloric and Formula Intake, and Length of Hospital Stay of Premature and Low Birth Weight Neonates in a Newborn Intensive Care Unit" Journal of Music Therapy 28 (1991): 180-192

## Baby-O!

### **This Is The Way The Ladies Ride**

(Mother Goose)

This is the way the ladies ride: (*baby on your lap facing out*)

Prim, prim, prim, prim (*bounce slowly, gently*)

This is the way the ladies ride:

Prim, prim, prim!

This is the way the gentlemen ride:

Gallop-a-trot, gallop-a-trot (*bounce with a little extra bounce on "trot"*)

This is the way the gentlemen ride:

Gallop-a-gallop-a-trot!

This is the way the farmers ride:

Hobbledey-hoy, hobbledey-hoy (*tip baby off to one side then the other side of your lap*)

This is the way the farmers ride:

Hobbledey-hobbledey-hoy!

This is the way the hunters ride: (*fast bouncing*)

Gallop-a-gallop-a-gallop-a-gallop

This is the way the hunters ride:

Gallop-a-gallop-a-gallop!

I've been leading music workshops for new parents at Parents Place in Pacific Grove, California for a number of years. What a joy it is to pass along these classic baby songs that have served as comfort and inspiration for generations! It's easy to forget these little ditties. They are deep in our minds from a time so formative, so essential, that they disappear into the folds of our brains. Yet, these little songs (and every culture has some) are the very cornerstone of language and literacy. These tickles and bounces grow an understanding of "self" and of "other than self."

Once upon a time a new parent was surrounded by a village of family and friends. These little songs would be refreshed in the minds of new mothers and fathers by the old ones as part of the parent nurturing process. Nowadays, parents are often alone with new babies with little guidance and no memory of their own babyhood. "What'll I do with the baby-o?" Oh, so many sweet things and all with a song or two as orchestration for life's dearest tasks: a warm bath, a cozy lullaby, a kiss on the belly, counting each little finger and toe. Yes, this is the way we celebrate the remarkable bond between parent, grandparent, sibling, uncle, auntie, friend and baby.

These are musical acts of trust and love and joy. And they pack a wallop! The big double whammy! Rhythm and tune! Melody and harmony! Rhyme and reason! Mathematics and language! Left brain and right brain! Listening and understanding! Simple and complicated, these little songs are the beginning of a successful life. With these basic building blocks, great logical and creative minds take shape. That's a lot to get out of a few cute, bouncy little tunes. And now they are yours to pass on to the next generation...

## Baby-O!

### Shakin' Eggs Blues

(words and music © 1999 Nancy Stewart)

Now if you have a **blue** egg  
Shake your egg, shake your egg  
Now if you have a **blue** egg shake your egg  
And if you have a **pink** egg  
Shake your egg, shake your egg  
And if you have a **pink** egg, shake your egg  
Now if you have a **purple** egg,  
Shake your egg, shake your egg  
If you have a **purple** egg, shake your egg

**Now, everybody shake your egg**  
**Shake, shake, shake your egg**  
**Everybody shake your egg**  
**Shake, shake, shake your egg**  
**Shake, shake, shake, shake,**  
**Shake, shake, shake, shake**  
**Everybody shake your egg**

Now if you have a **green** egg,  
Shake your egg, shake your egg  
Now if you have a **green** egg, shake your egg  
And if you have a **orange** egg,  
Shake your egg, shake your egg  
And if you have a **orange** egg, shake your egg  
Now if you have a **yellow** egg,  
Shake your egg, shake your egg  
Now if you have a **yellow** egg, shake your egg

**Now, everybody shake your egg**  
**Shake, shake, shake your egg**  
**Everybody shake your egg**  
**Shake, shake, shake your egg**  
**Shake, shake, shake, shake, shake, shake,**  
**Shake, shake, everybody shake your egg**

### Echo Bridge:

Hey, hey, hey, (hey, hey, hey)  
Ho, ho, ho (ho, ho, ho)  
Hey, hey, hey, (hey, hey, hey)  
Ho, ho, ho (ho, ho, ho)  
Hey, hey, hey, (hey, hey, hey)

Now shake your eggs to the north  
Shake your eggs to the south  
Shake your eggs to the east  
Shake your eggs to the west  
Shake, shake, shake, shake,  
Shake, shake, shake, shake,  
Everybody shake your egg  
Uh, huh, huh, uh, huh, huh, uh, huh, huh

### Making rhythm eggs:

*In the springtime you can purchase colorful, small plastic eggs (usually for filling with candy). Fill with popcorn (un-popped) and close the egg with colorful tape. Or, you can use hot melt glue to seal the egg opening (around the inside of the rim). These make fun, washable and colorful rhythm toys.*

*Other easy to make shakers:*

*Prescription bottles with childproof caps can be filled with popcorn, rice or beans and decorated with colorful craft tape on the outside.*

*Tomato paste or juice cans can be emptied and washed. Use a bottle opener to make the smallest opening. Add popcorn, beans or rice for different sound qualities. Tape the top with duct tape and decorate with colorful tape around the outside.*

*Toilet paper rolls can be closed at one end with staples, fill with popcorn, beans or rice, close the other end by pressing down and making a triangular shape (this leaves more room for the shaking materials to bounce around and doesn't flatten as easily). Cover with glue soaked papers (papier maché) or color with markers and crayons.*

*Paper plates can be folded in half, decorated and filled with popcorn, rice or beans.*

## Baby-O!

### Gray Squirrel

(tune: traditional,  
additional verses, V2, 3, 4, ©1997 MaryLee Sunseri)

Gray squirrel, gray squirrel (*baby on your lap facing out*)  
Swish your bushy tail (*hold baby's feet, move from side to side*)  
Gray squirrel, gray squirrel  
Swish your bushy tail  
Wrinkle up your funny nose  
Stick a nut between your toes  
Gray squirrel, gray squirrel  
Swish your bushy tail

Green frog, green frog  
Hopping in the pond (*lift baby up when the frog "hops"*)  
Green frog, green frog  
Hopping in the pond.  
Stick your tongue out catch a fly  
Watch the fish go swimming by  
Green frog, green frog  
Hopping in the pond

Blue bird, blue bird (*cross baby's arms in front*)  
Spread your wings and fly! (*gently stretch arms outward, repeat*)  
Blue bird, blue bird  
Spread your wings and fly!  
Wake up early, catch a bug  
Give your chicks a great big hug!  
Blue bird, blue bird  
Spread your wings and fly!

### Peek-A-Boo

(Mother Goose)

Peek-a-boo, I see you hiding behind the chair  
Peek-a-boo, I see you, I see you hiding there!  
Peek-a-boo, I see you, hiding down in your cot  
Peek-a-boo, I see you,  
See what a honey I've got!

*Peek-a-boo is a wonderful first baby game. It assures baby that you will return whenever you go away. You can use your hands over your eyes, or play with a see-through scarf. This is a game you can take everywhere!*

*If you learn music, you'll learn history. If you learn music, you'll learn mathematics. If you learn music, you'll learn most all there is to know.*

Edgar Cayce

*At Helen Keller Hospital in Alabama, an experiment with newborns found that 94% of crying babies immediately fell asleep without a bottle or pacifier when exposed to lullaby music.*

Lance W. Brunner,  
"Testimonies Old and New," in  
"Music and Miracles," ed.  
Campbell, pp.82-84, Caine,  
"The Effects of Music," 180-192

## Baby-O!

### Little Flea

Creeping, creeping, little flea (*tickle up the body*)  
Up my leg and past my knee  
To my tummy, on he goes  
Past my chin and to my nose (*touch lightly on the nose*)

Now he's creeping down my chin (*tickle down the body*)  
To my tummy once again  
Down my leg and past my knee  
To my toe that little flea...  
Gotcha! (*grab both feet and nuzzle them*)

### Rub-A-Dub-Dub

(Mother Goose)

Rub-a-dub-dub, three men in a tub  
And who d'ya think they be?  
The butcher, the baker, the candlestick maker  
So turn them out, knaves, all three!

*This song is for bath time play or baby massage. Gently rub the tummy in circular motions pat the belly three times, wipe hands down baby's arms or legs, and finish with a tickle under the arms!*

### Little Curly Hair In High Chair

(1920's? A song my mother sang to me)

Little curly hair in high chair  
What's your order for today?  
Little curly hair in high chair  
I'll do anything you say  
When you're near the room seems to brighten  
The sun comes streamin' through your eyes  
You're the reason they still keep writin'  
All those tender lullabies

*This is a cuddle, a sing-along or a dance around baby's high chair. Tap baby's back gently or tap kitchen objects lightly with a wooden spoon to see what sounds they produce that make baby smile. Some objects "ping" and others "thud." Whenever a song mentions a recognizable object: "nose," "toes," "hair"—be sure to touch it or point to it to stimulate the connection between words and things.*

**Oooo, there you go!**  
**Bangin' with your blocks!**  
**Pullin' off your socks!**  
**Oooo, there you go!**  
**Tryin' to make your toes**  
**Touch your baby nose!**

Heaven's close to your chair and my chair when you smile the way you do  
Little curly hair in high chair, my day begins and ends with you!



## Baby-O!

### Clap Your Hands

(tune: "Old Joe Clark," words: MaryLee Sunseri)

Clap, clap, clap your hands (*baby lying on back feet towards you*)

Clap your hands together (*clap baby's hands in rhythm*)

Clap, clap, clap your hands

Clap your hands together

Roll, roll, roll your arms (*roll baby's arms*)

Roll your arms and stretch them (*gently stretch outward*)

Roll, roll, roll your arms

Roll your arms and stretch them

Kick, kick, kick your feet (*kick baby's feet*)

Kick your feet and stretch them (*gently stretch toward you*)

Kick, kick, kick your feet

Kick your feet and stretch them

### Instrumental

Clap, clap, clap your hands

Clap your hands together

Clap, clap, clap your hands

Clap your hands together

*(Clap baby's hands in rhythm,  
and alternate with crossing  
arms without a clap.)*

### This Little Pig

(Mother Goose)

This little pig went to market

This little pig stayed at home

This little pig had roast beef

This little pig had none

And this little pig cried

"Wee, wee, wee, wee, wee!"

All the way home

### Vegetarian Version:

This little pig went to market

This little pig stayed at home

This little pig had **tofu**

This little pig had none

And this little pig cried

"Wee, wee, wee, wee, wee!"

All the way home

*(Wiggle each little finger or  
toe per line, or wiggle baby's  
whole arm and leg, one for  
each line with a belly tickle  
on the last line.)*

*Music hath  
charms to soothe  
a savage beast,  
to soften rocks or  
bend a knotted  
oak.*

William Congreve (1670-1729)



## Baby-O!

### Today Is Baby's Birthday

(tune: For He's A Jolly Good Fellow,  
adapted by: MaryLee Sunseri © 2003)

Today is baby's birthday      *(baby on your lap facing in or out,  
Today is baby's birthday      bounce in rhythm)  
Today is baby's birthday!      (be sure baby feels very safe and secure as  
Happy birthday, baby!      you hold around the torso, up under the arms)*

Happy birthday, baby,      *(tip baby over yours knees to one side  
happy birthday, baby      then the other side)*

Today is baby's birthday      *(baby on your lap facing in or out,  
Today is baby's birthday      bounce in rhythm)  
Today is baby's birthday!      **BABY NAMING - Insert Baby's name  
Happy birthday, baby!      wherever it says "baby"***

### Lapsit Guidelines

*Live music participation is a learned skill. Babies are generally very open to music if you are! If your toddler is new to live music, please offer short, happily-ended music times. Increase your child's participation time as you and your child are able to focus and interact!*

*If you've got a little "zoomer," stay within arms length and gently persuade him or her to participate. Model active listening and be a participant with the music rather than allowing "free play" during music time.*

*If your little one needs to take a break, it's OK for you to go outside. Come back in soon! Five minutes is often a long enough break!*

*Parents, please save adult conversations for before and after music time, not during!*

## Baby-O!

### Here We Go Uppity Up

(tune: "Looby Lou,"  
words: MaryLee Sunseri)

**Here we go uppity up!** (*Stand up, form a circle, lift baby up, lower baby down*)

**Here we go downity down!**

**Here we go uppity up!**

**All around the town!** (*turn around one time*)

You put your right hand in (*with baby in your arms, put baby's right hand in*)

You put your right hand out

You put your right hand in

And turn yourself about

You put you left hand in (*left hand*)

You put your left hand out

You put your left hand in

And turn yourself about (*turn around one time*)

**Here we go uppity up!** (*lift baby up, lower baby down*)

**Here we go downity down!**

**Here we go uppity up!**

**All around the town!** (*turn around one time*)

You put your right foot in (*put baby's right foot in*)

You put your right foot out

You put your right foot in

And turn yourself about

You put you left foot in (*left foot*)

You put your left foot out

You put your left foot in

And turn yourself about (*turn around one time*)

**Here we go uppity up!** (*lift baby up, lower baby down*)

**Here we go downity down!**

**Here we go uppity up!**

**All around the town!** (*turn around one time*)

You put your head in (*head in and out of the of the circle*)

You put your head out

You put your head in

And turn yourself about

You put you whole self in (*step or jump in and out of the circle*)

You put your whole self out

You put your whole self in

And turn yourself about (*turn around one time*)

## Baby-O!

### I Have A Little Bicycle

*(baby lying on back with feet close to you)*

I have a little bicycle; I ride it to and fro *(rotate feet like pedaling a bicycle)*

And when I see the light is green

I know it's time to go

I have a little bicycle; I ride around the town *(pedal faster and slower, as song suggests)*

And when the light is yellow

I know it's time to slow down

I have a little bicycle; I bought it at the shop

And when I see the light is red

I know it's time to stop *(toddlers often shout out "again", especially when "stop" is abrupt)*

### Round And Round The Garden

*(Mother Goose)*

Round and round the garden goes the teddy bear *(trace a circle on baby's hand, back, or tummy)*

One step, two steps *(walk fingers up arm)*

Tickly under there! *(tickle under arm)*

Round and round the haystack goes the little mouse *(trace a circle on baby's hand, back, or tummy)*

One step, two steps *(walk fingers up neck)*

In his little house *(tickle ear lobe)*

## Baby-O!

### When Ducks Get Up In The Morning

Traditional: English

When ducks get up in the morning  
They always say “Good day!”  
When ducks get up in the morning  
They always say “Good day!”  
“Quack, quack, quack, quack”  
That is what they say!  
They say, “Quack, quack, quack, quack”  
That is what they say!

*Baby on lap facing you—funny faces and animal sounds encourage giggles. Giggles are great for the stomach muscles (yours and babies), a feeling of well being. Enjoy each other’s company through the shared joke of this silly, happy song. Bounce while singing, add hand movements that look like an animals mouth opening, wink, blink and enjoy!*

When cows get up in the morning  
They always say “Good day!”  
When cows get up in the morning  
They always say “Good day!”  
“Moo, moo, moo, moo”  
That is what they say!  
They say, “Moo, moo, moo, moo”  
That is what they say!

*You can also use props or visual aids with this song: stuffed animals, cloth pictures, real animals you encounter in your neighborhood...*

When cats get up in the morning  
They always say “Good day!”  
When cats get up in the morning  
They always say “Good day!”  
“Meow, meow, meow, meow”  
That is what they say!  
“Meow, meow, meow, meow”  
That is what they say!

*(Instrumental gives you an opportunity to add your own animal sound with accompaniment.)*

### Instrumental

When dogs get up in the morning  
They always say “Good day!”  
When dogs get up in the morning  
They always say “Good day!”  
“Ruff, ruff, ruff, ruff”  
That is what they say!  
“Ruff, ruff, ruff, ruff”  
That is what they say!

## Baby-O!

### To Market, To Market

(Mother Goose)

*(bounce baby throughout — sing on your way to the market)*

To market, to market to buy a fat pig

Home again, home again, jiggety jig

To market to market to buy a fat hog

Home again, home again, jiggety jog

To market, to market to buy a sweet treat

Home again, home again, apples to eat

To market, to market to buy a plum bun

Home again, home again, market is done

### Here's A Ball For Baby

(words and music: Emile Poulson 1893)

Here's a ball for baby, big and soft and round *(make an imaginary ball with your hands)*

Here is baby's hammer, oh, how baby pounds *(hammer with your fist lightly on baby's knee)*

Here is baby's music, clapping, clapping so *(clap baby's hands)*

Here are baby's soldiers standing in a row *(hold up ten fingers outstretched and wiggling)*

Here is baby's trumpet: *(form a pretend trumpet to play)*

Toot, toot, toot, toot, toot, too!

Here's the way that baby plays at peek-a-boo *(cover your eyes— open at "peek-a-boo")*

Here's a big umbrella, keeps a baby dry *(index finger up, use other hand flat on top)*

Here is baby's cradle rock-a-baby-bye *(lace fingers together and "rock the cradle")*

### Wash The Dishes

(Mother Goose) - baby massage chant

Wash the dishes, wipe the dishes *(gently massage the tummy)*

Ring the bell for tea *(walk fingers up and touch baby's nose)*

Three good wishes, three good kisses *(wipe hands down baby's arms and legs)*

I will give to thee! *(three little kisses on the head)*

If you can walk,  
you can dance.  
If you can talk,  
you can sing!

Zimbabwe Proverb

## **Baby-O!**

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