



1,2,3—Sing With Me

Songs for Babies & Toddlers

by MaryLee Sunseri

I. INTRODUCTION

- A. A good song is a high quality, educational toy!
- B. Singing with babies, toddlers, young children
 - 1. Going to the well - Songs in common make a community
 - 2. Empowering parents to sing with their babies - "Ma-ma!"
 - Familiar
 - Easy
 - Active
 - Repetitive
 - Short
- C. Music is like water...Musical Wishes (p 2)
- D. The baby brain and music

II. CREATING MUSIC & PLAY PROGRAMS

- A. An entertainer's tool box
 - 1. Creating focus in fuzzy space
 - 2. Repertoire: Familiar songs, rhymes and finger plays
- B. Theatre etiquette
 - 1. Applause, anyone?
 - a. "This is a time to be with your baby." (guidelines)
 - 2. Props
 - a. Eggs gotta shake/scarves gotta fly

III. MATERIALS

- A. KEY to MaryLee's CD's
 - a. Baby-O! + Downloadable Activities Book
 - b. 1,2,3— Sing With Me!
 - c. Wee Chant
 - d. Rhythm of the Rocks (MaryLee & Nancy Stewart)
 - e. Grasshoppers Three
- B. Lyrics (pp 3,4)

5 "Under 5" Parent Guidelines

1. Please sit with your children and keep them close to you!

2. If you've got a little "zoomer," zoom after him or her and resettle in the new spot. Repeat as necessary!

3. If your little one gets really loud— or is disrupting others, take a break outside the room, so the group can remain focused. Come back soon!

4. Please participate and save adult conversations for after story time.

5. Your librarian knows that little children need to wiggle and giggle and those opportunities are built into the program!

"Music is like water...It touches every part of human development and goes deep into places where nothing else can go!"

MaryLee Sunseri

MUSIC BENEFITS TO THE PARENT

- ~ Bonding, calming
- ~ Release of oxytocin the "happy" hormone
- ~ Feeling of success
- ~ Playful control of child
- ~ Safety/familiarity
- ~ Dreams coming true
- ~ Songs in common form/community
- ~ Good health

MUSICAL DREAMS & WISHES

Parents want their child to be musical even if they believe they are not.

Adopting parents always ask if the adoptive child is from a "musical family."

MUSIC

MUSIC BENEFITS TO CHILD

- ~ Bonding, calming
- ~ Release of oxytocin the "happy" hormone
- ~ Repetition, rhythm
- ~ Brain growth stimulation
- ~ Word association
- ~ Pre-literacy
- ~ Emotional expression
- ~ Concentration
- ~ Memory
- ~ Self-control
- ~ Community
- ~ Good health

POSITIVE PARENTING INFLUENCES

- Adult Ed Teachers
- Librarians
- Entertainers
- Family Members
- Community Leaders
- Friends/Peers

MAKING IT EASY

Singing simple songs helps to reassure the parent that their child loves the sound of their voice.

Songs let us cry.

Songs make us laugh.

Songs are for cuddling, tickling, lifting, loving. Every human emotion has its expression in songs.

PARENTS' CONCERNS & FEARS

Many parents are self-conscious about making music, especially singing.

They battle early programming that tells them they are not good at singing and are fearful that being bad at music is a family trait.

(c) MAMBA, MAMBA, JOLIE MAMBA Creole

Mamba, Mamba, Jolie Mamba, a-ye Mamba
Mamba, Mamba, Jolie Mamba, a-ye Mamba
Mamba ye, Mamba yo, Mamba ye
Jolie Mamba, A-ye Mamba
Jolie Mamba, A-ye Mamba

(c) PART OF MY COMMUNITY MaryLee Sunseri

I am part of my community
I have a place in the circle
I am part of my community
I have a place in the circle
What is your name? My name is _____!
Hey, hey _____, Hey, hey, _____
Hey, hey _____, Hey, hey _____

(c) BENGALI INFANT MASSAGE CHANT

A-mi to-ma-ke, ba-lo ba-shi bebe
A-mi to-ma-ke, ba-lo ba-shi bebe
A-mi to-ma-ke, ba-lo ba-shi bebe
A-mi to-ma-ke, ba-lo ba-shi bebe

(a) GOING TO THE MOON

Zoom, zoom, zoom, we're going to the moon
Zoom, zoom, zoom, we're leaving very soon
Five, four, three, two, one—
Blast off!

(b) I HAVE A LITTLE BICYCLE

I have a little bicycle I ride it to and fro
And when I see the light is green—I know it's time to go
I have a little bicycle I ride around the town
And when the light is yellow—I know that it's time to slow down
I have a little bicycle I bought it at the shop
And when I see the light is red— I know it's time to stop!

(a) WHEN DUCKS GET UP IN THE MORNING

When ducks get up in the morning
They always say, "Good day!"
When ducks get up in the morning
They always say, "Good day!"
"Quack, quack, quack, quack,"
That is what they say!

(a) SHAKIN' EGGS BLUES Nancy Stewart

If you have a blue egg, shake your egg, shake your egg
If you have a blue egg, shake your egg!
If you have a pink egg, shake your egg, shake your egg
If you have a pink egg, shake your egg!
If you have a purple egg, shake your egg, shake your egg
Now everybody shake your egg! Shake, shake shake your egg
Everybody shake your egg, shake, shake, shake your egg
Shake shake shake shake, shake shake shake shake
Everybody shake your egg!
Hey hey hey (Hey hey hey) Ho ho ho (Ho ho ho)
Hey hey hey (Hey hey hey) Ho ho ho (Ho ho ho)
Hee hee hee (Hee hee hee) Ha ha ha (Ha ha ha)
Hee hee hee (Hee hee hee) Ha ha ha (Ha ha ha)
Shake your eggs to the North! Shake your eggs to the South!
Shake your eggs to the East! Shake your eggs to the West!
Shake shake shake shake, shake shake shake shake
Everybody shake your egg!

PUT YOUR EGG ON YOUR HEAD

Tune: If you're happy and you know it

Put your egg on your head, on your head!
Put your egg on your head, on your head!
Put your egg on your head, pretend to go to bed!
Put your egg on your head, on your head!
Put your egg on your belly...jelly
Put your egg on your knee...tea
Put your egg on your toe...ho, ho, ho!
Put your egg on a friend...the end!

LIMBERJACK SONGS

(a,b) PONY BOY

Pony boy, pony boy! Won't you be my tony boy?
Don't say no, here we go! Off across the plains!
Marry me, carry me right away with you—
Giddyup, giddyup, giddyup, whoa! My pony boy!

RODEO PONY MaryLee Sunseri

Rodeo, rodeo, rodeo pony, rodeo, rodeo, rodeo pony
Do us a trick, do us a trick, do us a trick, do us a trick.

VIDEO OF LIMBERJACK DOG ONLINE AT

WWW.MARYLEEMUSIC.COM

(a) OPEN - SHUT THEM

Open, shut them, open, shut them, Give a little clap, clap, clap!
Open, shut them, open, shut them, Lay them in your lap, lap, lap!
Creep them, creep them, Creep them, creep them right up to your chin!
Creep them, creep them, Creep them, creep them do not let them in!
Creep them, creep them, Creep them, creep them right down to your toes!
Creep them, creep them, Creep them, creep them right up to your nose!

(b) THE WHEELS ON THE BUS

The wheels on the bus go round & round, round & round, round & round
The wheels on the bus go round and round, all through the town!
Wipers... go swish, swish, swish
Doors... go open and shut
Money... goes jingle, jingle, jingle
Horn... goes beep, beep, beep
Driver... says, "Tickets, please!" (SIGN)
Kids... go up and down
Baby... goes, "Wah! Wah! Wah!"
Mommy... goes, "Sh, sh, sh!"
Daddy... goes kiss, kiss, kiss
Friends... play peek-a-boo

(e) BUFFALO GALS or BUTTERFLY GALS or CLAP EVERYBODY

Buffalo Gals, won't you come out tonight!
Come out tonight! Come out tonight!
Oh, Buffalo Gals, won't you come out tonight!
And dance by the light of the moon!

Put your right foot in and your right foot out...
Put your left foot in and your left foot out...
Put your head in and your head out...
Put your whole self in and your whole self out...

(i) PICHI, PICHI Japanese Folk Song

Pichi, pichi, chapu, chapu, rahn, rahn, rahn!
Pichi, pichi, chapu, chapu, rahn, rahn, rahn!
Underneath a weeping willow stands a little child
No umbrella, child is waiting, rain is falling down.
Pichi, pichi, chapu, chapu, rahn, rahn, rahn!
Pichi, pichi, chapu, chapu, rahn, rahn, rahn!
Falling, falling, rain is falling on the little child
Mother comes to bring umbrella, rain is falling down
Pichi, pichi, chapu, chapu, rahn, rahn, rahn!
Pichi, pichi, chapu, chapu, rahn, rahn, rahn!

(a) THIS IS THE WAY THE LADIES RIDE

This is the way the ladies ride: prim, prim, prim, prim
This is the way the ladies ride: prim, prim, prim
This is the way the gentlemen ride: gallop-a-trot...
This is the way the farmer's ride: hobbledy hoy...
This is the way the hunter's ride: gallop a'gallop...
...Up— and over the fence!

(b) BOA CONSTRICTOR Shel Silverstein

I'm being tickled by a boa constrictor, boa constrictor, boa constrictor
I'm being tickled by a boa constrictor and I don't like it one little bit!
Oh no! He's got my toe! Oh gee! He's got my knee!
Oh crummy! He's got my tummy! O darn! He's got my arm!
Oh heck! He's got my neck! Oh dear! He's got my ear!
Oh dread! He's got my head!

(a) THIS LITTLE PIG Mother Goose

This little pig went to market, this little pig stayed at home
This little pig had roast beef, this little pig had none
And this little pig cried "Wee, wee, wee, wee, wee!" All the way home

Vegetarian Version:

This little pig went to market, This little pig stayed at home
This little pig had **tofu (or roast beets...)**, This little pig had none
And this little pig cried "Wee, wee, wee, wee, wee!" All the way home

(a) THE ELEVATOR SONG

Oh, the city is great and the city is grand
Lots of tall buildings on a little piece of land
We live way up on the 52nd floor
And this is what we do when we go out the door:
Take the elevator up, take the elevator down (3X)
Then we spin around!

ROCK YOUR BOAT

Row, row, row your boat
Gently down the stream
Merrily, merrily, merrily, merrily
Life is but a dream!

Rock, rock, rock your boat
Gently down the stream
Merrily, merrily, merrily, merrily
Life is but a dream...